



# ABMF 2022

*Past is Prologue*

## Essay Contest

## Submission Checklist

A suggested timeline to get your essay submitted by November 1st.



### October 1-7

Have essay topic selected and begin research.



### October 8-15

Continue research, determine creative approach, outline essay, save references.



### October 16-22

Write draft of your essay and have it checked for grammar, punctuation, and spelling by your adult editor.



### October 23-31

Make final edits to your essay and have your adult editor review one more time.

Submit application and essay to  
**[essaycontest@abmf.org](mailto:essaycontest@abmf.org)**  
no later than midnight MDT on  
**November 1st**